

1 Free Lesson

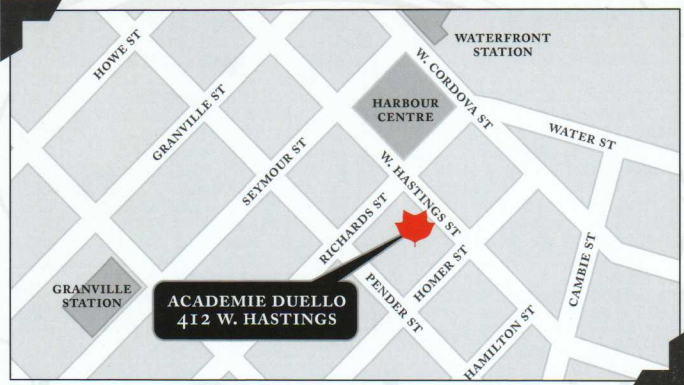
— SEE REVERSE FOR FREE CLASS TIMES —



academie **DUELLO**

CENTRE FOR SWORDPLAY

LearnSwordplay.com 604-568-9907



Mastery Program Introduction

MONDAY-THURSDAY	7:00 PM
TUESDAYS & THURSDAYS	5:00 PM
MONDAYS & FRIDAYS	12:00 PM
SATURDAYS	11:30 AM

Academie Duello's core program is a rank-based system focused on the technical skills needed for the mastery of historical swordplay. Learn combat skills required for the Rapier, Sidesword and Longsword as well as basic grappling techniques.

Warrior Program Introduction

MONDAYS & WEDNESDAYS	6:30 PM
WEDNESDAYS	12:00 PM
SATURDAYS	10:00 AM

Instruction in the Knightly Arts of Longsword, Spear and Wrestling for those looking for a solid workout. A fun and challenging 90 minutes of strength and endurance training.

Youth Swordplay

MONDAY-THURSDAY	6:00 PM
SATURDAYS	11:00 AM

Tailored to the needs of those ages 8-14, students are encouraged to achieve and will come away with an improved sense of poise and confidence as well as a high degree of athleticism.

Visit our Historical Museum and Arms & Armour Store, open Monday-Saturday.

Academie Duello is North America's premier Centre for European Swordplay, specializing in the Rapier, Longsword and Sidesword. Come for a free class at any of the above times. Beginner's courses start the first week of each month.



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